

PHYSICAL EDUCATION & GAMES

Curriculum Overview

2011-2012



Arnold

The best in everyone
A member of United Church Schools Trust

| YEAR | BOYS | GIRLS |
|------|--|---|
| 7 | <ol style="list-style-type: none"> 1. Rugby 2. Gymnastics 3. Basketball 4. Football 5. Hockey 6. Fitness Testing 7. Cricket 8. Tennis 9. Athletics | <ol style="list-style-type: none"> 1. Hockey 2. Netball 3. Gymnastics 4. Badminton 5. Fitness Testing 6. Tennis 7. Athletics 8. Rounders |
| 8 | <ol style="list-style-type: none"> 1. Rugby 2. Gymnastics 3. Football 4. Volleyball 5. Hockey 6. Fitness Testing 7. Cricket 8. Tennis 9. Athletics 10. Softball | <ol style="list-style-type: none"> 1. Hockey 2. Netball 3. Climbing 4. Gymnastics 5. Football 6. Badminton 7. Fitness Testing 8. Tennis 9. Athletics 10. Rounders |
| 9 | <ol style="list-style-type: none"> 1. Rugby 2. Basketball 3. Football 4. Hockey 5. Badminton 6. Fitness Testing 7. Climbing 8. Cricket 9. Tennis 10. Athletics 11. Softball | <ol style="list-style-type: none"> 1. Hockey 2. Netball 3. Football 4. Basketball 5. Climbing 6. Badminton 7. Volleyball 8. Fitness Testing 9. Aerobics 10. Tennis 11. Athletics 12. Rounders |

| | | |
|--|---|--|
| <p style="text-align: center;">10</p> | <ol style="list-style-type: none"> 1. Rugby 2. Basketball 3. Football 4. Hockey 5. Health Related Fitness 6. Table Tennis 7. Volleyball 8. Fitness Testing 9. Climbing 10. Cricket 11. Tennis 12. Athletics 13. Softball | <ol style="list-style-type: none"> 1. Hockey 2. Netball 3. Climbing 4. Badminton 5. Fitness Testing 6. Health Related Fitness 7. Basketball 8. Tennis 9. Athletics 10. Rounders 11. Table Tennis 12. Football 13. Aerobics 14. Touch Rugby 15. Volleyball |
| <p style="text-align: center;">11</p> | <ol style="list-style-type: none"> 1. Rugby 2. Basketball 3. Football 4. Hockey 5. Fitness Testing 6. Health Related Fitness 7. Climbing 8. Volleyball 9. Table Tennis 10. Cricket 11. Tennis 12. Softball | <ol style="list-style-type: none"> 1. Hockey 2. Netball 3. Climbing 4. Badminton 5. Fitness Testing 6. Health Related Fitness 7. Basketball 8. Tennis 9. Rounders 10. Table Tennis 11. Football 12. Aerobics 13. Volleyball 14. Touch Rugby |

PLEASE NOTE: This overview sets out a general summary of the basic curriculum taught. It is not an exhaustive list of what may be taught and subject teachers may not necessarily follow the order stated above. Further details may be obtained from the Head of Department, if required.