

BRONZE EXPEDITION

10-11th May 2008

1. Expedition Practice Thurs 8th May 4pm to 6pm

Bring your rucksack (45 to 60litres) with all the items you would need to camp/ walk for a weekend plus an evening meal to cook. The meal should be similar to the one you are planning for the real expedition. Your kit will be checked to ensure that you have everything you need, tents and stoves will be issued at 4pm.

Rucksacks can be left at 8.40am on the gallery to the Sports hall this will then be locked. Collect it at 4pm and get changed quickly into your walking clothes, meet in the Quad/foyer.

Each group will then walk a short distance, meeting by the pavilion.
Water will be available.

You will cook an evening meal which you will provide. Bring aluminium foil if frying and matches, washing up liquid and a scourer!
You will have some practice at pitching tents.

Equipment will then be returned to school and you should be finished by about 6pm.
This practice is compulsory if you are going on expedition in April.

2. Route cards (and computer printouts of your route) showing the times and descriptions of your route must be completed and handed in by 1st May.

3. Please complete the parental consent form carefully and return it to me with a cheque for £20 payable to Arnold School Ltd by Tues 6th May.

Please note the deadlines and requirements carefully as they must be adhered to if your group is to be able to complete the preparations for the expedition successfully. In the interests of safety, groups will not be allowed to attempt the expedition if they do not meet these requirements.

Miss R Matheson
Award Officer

Information about the campsites:

Bread, milk and drinking water will be provided at the campsite. You carry everything else you need.

You are not allowed to buy anything during the expedition.

Your behaviour is very much on show and you must be quiet on the campsites – particularly in the evening and early morning – tents are not soundproof!

You are only allowed to use a phone in an emergency – follow the emergency procedures discussed in training.

No iPods please – you isolate yourself and do not take full part in the group if you are instead listening to music.

Transport leaves school at 8am Saturday, returning by about 5pm on Sunday.

Sorry no Broughton pick-ups -there is too much kit to be packed!

Emergency phone no: Gibraltar Farm Silverdale 01524 701736

Kit to be returned clean and dry the following week.

You have worked hard all year in preparation for this venture – enjoy yourself safely.

Miss R Matheson
Award Officer