



**Arnold**

The best in everyone™

A member of United Church Schools Trust

24th November 2010

Dear Parent

### **Bronze Duke of Edinburgh Award – the Expedition Section**

The expedition training programme is offered in conjunction with *Sam Sykes Ltd*, a locally based accredited provider of the award who will run our expedition training in the southern Lake District and surrounding area this year.

The staff at Arnold will provide some prior training and preparation in school during the spring term on map reading and first aid. These training sessions will be held during activity periods or after school. Students will be required to attend one of these sessions each week and will need to show competence by passing tests in these areas.

The bulk of the outdoor training will then be undertaken in one block of three days (25<sup>th</sup> to 27<sup>th</sup> March) followed by a separate two day qualifying expedition (14<sup>th</sup>-15<sup>th</sup> May).

The students benefit from the training being condensed into a short but intensive period of time as they are immersed in the experience and in the expedition skills required; each expedition group will also benefit from having their own dedicated ML qualified instructor throughout the program.

The total cost of the training and expedition package will be approximately £270 (the final figure is dependent on numbers).

If you would like to secure a place on the Bronze training and qualifying expedition with *Sam Sykes Ltd*, please fill in the consent form enclosed and return to Miss Matheson with a cheque made payable to *Sam Sykes Ltd* for £100.00 by 15<sup>th</sup> Dec 2010. The remainder of the balance will then be added to the Spring Term's school bill.

I would recommend the web sites [www.samsykesltd.co.uk](http://www.samsykesltd.co.uk) and [www.dofe.org](http://www.dofe.org) for further information. The award requires a considerable commitment in terms of time and effort and should not be undertaken lightly. However, there are a great many benefits to be gained from participation and I commend it to you.

Please contact me at school if you have any further questions.

Yours sincerely

Miss R. Matheson



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