

The Arnold Ladies' Luncheon Club



2011 – 2012 SEASON

- NOVEMBER 16TH **FASHION SHOW BY JR TAYLOR**
Sesame Chicken served on Watercress Salad with
Ginger & Onion Marmalade
Osso Buco of Pork, Creamed Potato with a Lime & Coriander
Gremolata and Madeira sauce
*Char Grilled Vegetable Skewers on a Potato & Courgette Roisti with Red
Pepper Sauce (v)*
Strawberry Crème Brûlée
- DECEMBER 14TH **ENTERTAINMENT BY ARNOLD SCHOOL CHOIR**
Icelandic Prawn Cocktail served on Shredded Lettuce with Tomato, Cucumber
and Marie Rose Sauce
Roast Turkey "At Christmas" with all the trimmings
*Baked Goats Cheese, Red Pepper and Couscous Strudel with Roasted Spring
Vegetables in Tomato Sauce (v)*
Chef's Homemade Christmas Pudding with Brandy Sauce
- JANUARY 18TH **KEN WARD FROM THE SALVATION ARMY**
Roast Tomato & Sweet Red Pepper Soup with Basil Pesto
Roasted Shoulder of Lamb on Roast Sweet Potatoes with Mint Gravy
Asparagus Cannelloni with Watercress & Spring Onion Salad (v)
Hot Chocolate Brownie with Chocolate Sauce and Vanilla Ice Cream
- FEBRUARY 22ND **HELEN SLATER, FORMER NANNY TO THE SAUDI ARABIA ROYAL FAMILY**
Chicken Caesar Salad
Traditional Roast Beef & Yorkshire Pudding with Roast Potatoes and Seasonal
Vegetables
Creamy Mushroom Risotto with Rocket & Parmesan (v)
Passion Fruit Cheesecake
- MARCH 21ST **JUDE ROTHWELL FROM BLACKPOOL ZOO**
Melon, Mango slices with Lemon Sorbet and Lime Sabayon
Chicken Paprika with Soured Cream, Potatoes and Greens Braised
Roast Butternut Squash with Char Grilled Vegetables & Mustard Noodles (v)
Sticky Toffee Pudding with Hot Butterscotch Sauce & Vanilla Ice Cream
- APRIL 25TH **LIEUTENANT COLONEL ROSIE STONE**
Minted Pea & Watercress Soup with Crème Fraiche
Baked Savoury Plaice with a Hollandaise Sauce
Red Onion and Goats Cheese Tarts with Spring Leaf Salad (v)
Lemon Cream Crunch
- MAY 23RD **CELEBRATING ARNOLD LADIES' LUNCHEON CLUB**
Grilled Aubergine Rolls with Dressed Leaves & Pesto Dressing
Crispy Duck Leg with Braised Red Cabbage & Roast Potatoes with a Fruity
Sauce
*Char Grilled Vegetable Skewers on a Potato & Courgette Roisti with Red
Pepper Sauce (v)*
Eton Mess